

Robert Hayden, M.S.O.M. - Materia Medica Lecture Notes

Clear Heat, Relieve Toxicity (continued)

Folium Isatidis (Daqingye) (Isatis leaf)	Very cold, bitter / H, LU, ST	Acute epidemic/Warm disease/Fire toxin: hi fever, sore throat, skin eruptions. Viral or bacterial infections, hepatitis, salmonella.	Contraindicated: sp & st def cold.	9-30 g
Radix Isatidis (Banlangen) (Isatis Root)	Cold, bitter / H, LU, ST	Viral illness/Warm disease: flu, mumps, encephalitis, toxic heat swelling, hepatitis, jaundice	Contraindicated: sp & st def cold.	15-30 g
Herba taraxaci (Pugongying) (Dandelion herb)	Cold, bitter, sweet / LR, ST	Various toxic heat patterns: throat, lung, GI. Breast abscess, agalactia. Damp heat UT probs.	OD may cause diarrhea, but generally considered very safe.	9-30 g
Hb Violae (Zihuadiding) (Viola)	Cold, acrid, bitter / LR, H	Toxic heat swellings & sores: sore throat, mumps, red eyes, abscesses esp head & back.	Contraindicated: sp & st def cold.	9-15 g
Hb + Rx Patriniae (Baijiangcao) (Patrinia)	SI cold, acrid, bitter / LI, LR, ST	Toxic heat abscess, ext or int. Blood stasis d/t heat.	Contraindicated: sp & st def cold.	9-15 g
Herba Houttuyniae (Yuxingcao) (Houttuynia)	Cool, acrid / LU, LI	Lung abscess. Toxic heat sores. Damp-heat in lower jiao: diarrhea, dysuria.	Contraindicated: sp & st def cold. Soak 1 hour, boil 1-3 minutes.	15-30 g
Hb Andrographitis (Chuanxinlian) (Green chiretta)	Cold, bitter/ LI, LU, ST, SI	Onset of Warm febrile disease. Lung heat cough. Various toxic heat. Dysentery d/t damp-heat.	Contraindicated: sp & st def cold. Not for long-term use. Contraindicated in pregnancy.	9-15 g
Hb Hedyotidis (Baihuasheshecao) (Oldenlandia)	Cold, bitter, sweet / LI, LR, ST	Toxic heat abscess, ext or int. Damp-heat UT probs or jaundice. Various cancers.	Caution in pregnancy.	15-60 g
Radix Pulsatillae (Baitouweng) (Pulsatilla root)	Cold, bitter / LI, LR, ST	Dysentery w/blood & pus, tenesmus.	Not for chronic dysentery.	6-15 g
Cortex Dictamni (Baixianpi) (Dittany bark)	Cold, bitter, salty / SP, ST	Wind/damp/heat/toxic skin lesions w/itching, weeping or pus.	Contraindicated: sp & st def cold.	6-9 g
Hb Scutellariae Barbatae (Banzhilian)	Cold, acrid, bitter / LI, LR, LU, ST	Toxic heat abscess, ext or int. Invigorates blood. Various cancers.	Caution in pregnancy or blood def.	15-60 g
Fr Lasiosphaerae (Mabo) (Puffball)	Neutral, acrid / LU	Sore swollen throat w/loss of voice, oral sores w/bleeding.	Decoct in cheesecloth, use powdered topically.	1.5-4.5 g
Rx Sophorae Tonkinensis (Shandougen)	Cold, bitter / LU, LI	Sore swollen throat d/t fire toxin.	Contraindicated: sp & st def cold.	3-9 g
Rz Belamcandae (Shegan) (Belamcanda)	Cold, bitter / LU	Sore swollen throat d/t fire toxin. Phlegm heat in lungs.	Contraindicated in sp def cold, pregnancy.	1.5-9 g